

The Second Tip: Sit Still

Suggested Ladies Meeting Questions

Chapter 3

- Fun Question: So which one of us most resembles the Chesemore boys?
- The girls describe sitting at the Savior's feet each morning as the "deal of all deals" for Christians. What do they mean?
- On page 41, we read, "The key to becoming a successful shopper of time is to make our first priority that of seeking God through his Word and prayer." How have you seen this in your own life? What have you done to strengthen your pursuit of God since we last met?
- Why is "doing" often so much more appealing than "sitting" before the Lord? What are some of the lies we can believe that lead us to neglect "sitting"?
- On pages 48-49, the girls talk about how to pursue the spiritual disciplines, "guilt free." How does the gospel redefine how I think about spending time with the Lord each day?
- What practical steps do you need to take in order to more fully experience "the good portion" of time with God (rise early, a plan for reading God's word, a method for prayer, etc.)?