

The Third Tip: Sit and Plan

Suggested Ladies Meeting Questions

Chapter 4

- Fun Question: If you were on a shopping trip, what would be the top 3 stores on your list to visit, and why?
- The girls stress the importance of making a plan for the changing seasons of our lives. Why is this so important? What are potential outcomes of not having a plan?
- On page 52 we read that the practice of taking periodic personal retreats can help us “sharpen our priorities and discern the best deals.” What specific ways do the girls suggest we can benefit from taking personal retreats?
- What in your life might deter you from taking a personal retreat (people or things that “clamor for your attention,” thoughts of not knowing how to use the time, pressures/demands of life, etc.)? What suggestions in this chapter can help you to think differently about these deterrents, or to plan around them?
- Why should we evaluate all the various priorities of our lives, only to focus on one or two areas for change? Share with us a time when you’ve sought to change in one area of your life, and how you were blessed.
- How is Jesus an example for us in taking extended time to be alone with the Father?
- When can you take your personal retreat?