

## **The First Tip: Rise Early**

### **Suggested Ladies Meeting Questions**

#### **Chapter 2**

- Fun Question: What extreme measures have you taken to make sure you get up on time for something important?
- Let's read Piper's quote on pages 31-32. The girls work hard to communicate that their primary concern is *not* that every reader wake at 5am. What is their real burden in this chapter?
- What are the obstacles in your life (unique challenges or lazy habits) that make it difficult for you to rise early? How did this chapter encourage you to pursue this helpful discipline?
- Does your current wake-up time allow for sufficient time to meet with God? What effect do you think rising early would have on your spiritual life?
- As you read this chapter, did you become aware of ways you could serve your family by rising early? How so?
- What kind of club should we form? How can we help one another in our pursuit of rising early to meet with God and serve our families?